



Mantra Arts presents "Mozaic", a Global Dance event performed by a talented core of local Calgary Artists.

Date: Saturday, 29 November 2025 @ 4:00 pm

Venue: BMO Theatre YMCA Rocky Ridge Road NW

DANCE PERFORMANCES:

1. Chinese Folk Dance: "Lanterns & Fans" by Zhaoli Dance School
2. Chinese Folk Dance: "Dai Ethnic Dance" by Zhaoli Dance School
3. Russian Dance "Lacemakers" by Zabava Dance group
4. Highland Dances "Broad Sword" & "Skye Boat"
5. Marathi Lavani Dance by Elementz Performing Arts
6. Spanish Dances "El Vito, Capella Castanet & Sevillanas-Aquellas"
7. Commercial Jazz Dance by Elementz Performing Arts
8. Russian Dance "Boyarski"
9. Gujarati Garba Dance by Taal Dance Group
10. Latin Dance by Cure Performance Group
11. Sufi Dance by Nrityangan
12. Contemporary Dance by Elementz Performing Arts
13. National Folk Dance of Ukrainian by Calgary Hopak Ensemble
14. Telugu Folk Dance
15. Cree Dance to be updated
16. Bhangra by Ashke Folk Arts Academy



1. Chinese Folk Dance: “Lanterns & Fans” by Zhaoli Dance School

Zhaoli Dance School presents two dances. First dance is “Lanterns & Fans” followed by “Dai Ethnic Dance”. Lanterns & Fans dance is very popular during lunar new year celebrations.

Artists: Connie Fang, Crystal Wong, Ciara Cong, Brilia Wang, Victoria An, Chloe An, Ivy Han, Claire Ouyang, Lan Yan, Alice Bu, Amy Zhang, Caroline Zhou

Dance director: Joyce Zhao



2. Chinese Folk Dance: “Dai Ethnic Dance” by Zhaoli Dance School

Dai ethnic dance features graceful, flowing movements inspired by water and birds. It reflects the Dai people’s joyful spirit, nature-based traditions, and vibrant cultural heritage from Yunnan, China.

Artists: Mikeala Tsang, Victoria Wang, Nancy Li, Janice Xie, Claire Shang, Chloe Wang, Natalie Huang, Angela Hu, Soleil Kang, Cindy Xu, Claire Zhang, Suzy Zhou

Dance director: Cindy Luo



3. Russian Dance “Lacemakers” by Zabava Dance group

Zabava Dance group will perform two dances. First one will be “Lacemakers”, followed by “Boyarski”.



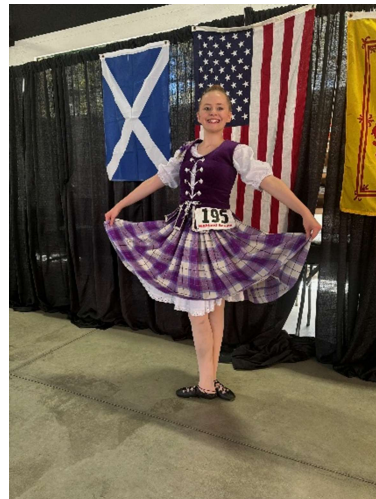
4. Highland Dances “Broad Sword” & “Skye Boat”

Campbell Highland dance school presents a choreographed take on the traditional sword dance, an iconic military style dance from Scotland. It is said that when the clans would battle, the victor would steal their opponent's sword and dance over it, victorious. The second dance



is a traditional one, called the Blue Bonnets, set to Scotland's infamous melody: Skye Boat Song.

Artists: Laura Maddison, Cassandra Wenman, Lexi Strachan, Jessica Strachan,



5. Marathi Lavani Dance by Elementz Performing Arts

Lavani presented by Elementz Performing Arts. Lavani is a traditional performing art of Maharashtra (India) that combines expressive vocal music with dynamic, rhythmic dance. Characterized by its powerful dholki-driven tempo, Lavani serves both as entertainment and as a medium for social commentary and storytelling. Today, Lavani remains an important cultural symbol, celebrated on stage and in contemporary Marathi theatre and cinema.



Artists : Shibani Rane, Dipti Chitre, Sayli Mate, Pallavi Pawar, Shilpa Parchure, Anupama Injal, Suchita Karkhanis, Chetna Dhumal

Choreography : Shibani Rane



6. Spanish Dances “El Vito, Capella Castanet & Sevillanas-Aquellas”

Alma Viva Dance Studio proudly presents a journey through Traditional Spanish Dance—a vibrant art form that blends the passion and intensity of Flamenco, the elegance and precision of classical ballet technique, and the joy, color, and cultural richness of Spanish folklore.

Today, we will perform El Vito, a spirited and iconic piece known for its rhythmic vitality and expressive character, rooted in centuries-old Andalusian tradition.

We will then share an a cappella castanet performance, showcasing the intricate coordination of movement, rhythm, and footwork that defines Spanish dance artistry.

To conclude, we will present Sevillanas, one of Spain’s most beloved folkloric dances—joyful, festive, and danced by thousands every year during the vibrant Feria de Sevilla in Andalucía.

We invite you to immerse yourself in the rhythm, heritage, and heart of Spain—let the music, movement, and emotion transport you.

Artists are: Sabrina Celarie, Orlhay Hernandez, Carla Marcano, Maria Molero, Aleksandra Starkova, Elaine Wrobel

Dance director and Choreographer: Daniela Crestani



7. Commercial Jazz Dance by Elementz Performing Arts

Commercial jazz is a high-energy, performance-driven dance style known for its sharp precision, bold attitude, and expressive musicality. In the competitive dance world, it features powerful lines, fast footwork, explosive jumps, and stylized isolations, all executed with strong technique and confident stage presence. Commercial jazz is an evolution of traditional jazz dance, taking its foundational technique, rhythms, and stylized movement and amplifying them for the stage.

Drawing influence from music videos and pop performance styles, commercial jazz emphasizes showmanship, dramatic expression, and a polished, theatrical flair that captivates audiences.

Artists: Malaika & Tanisha Rane



8. Russian Dance “Boyarski”

Zabava Dance group second dance “Boyarski”.



9. Gujarati Garba Dance by Taal Dance Group

Taal Dance Group will present Garba. Garba is a form of Circle dance and Social dance form originating in Gujarat, India, and played across the Gujarati diaspora worldwide. Garba is traditionally danced as part of the annual Hindu festival of Navratri (or "Nine Nights"), Typically,



at the end of each Navratri night of dance, the community also plays raas, a sibling circle-dance form, in which players hold a stick in each hand and tap out a rhythm with a partner. Everyone is invited to join garba and raas, and people of all ages dance together. Traditionally garba is played around an earthen pot with holes on the sides, revealing a flame inside (a symbol of the jiva or soul inside the womb).

Artists : Manasvi Arora, Pooja Singh , Neeru Atray , Suman Prashant , Ashwini Hosamane , Roopa Kandgal, Mishali Singh , Jitender Sharma





10. Latin Dance by Cure Performance Group

Cure Performance group presents “ Bachata De Rueda” style of dancing. The Bachata Rueda, like the other ruedas, is performed in a circle, starting in pairs, each with their partner. The rueda begins with all couples in a closed position with the man's left towards the center rueda. There is a Caller calling the moves and the couples are synchronized in executing the moves at the same time.

Artists: Hozan, Ana, Abdul, Ainhoa, Arturo, Paola, Malcolm, Sigrid

Choreographer: Anastasiia Gorbunova (Ana)



11. Sufi Dance by Nrityangan

Nrityangan presents Sufi dance. While searching for God, we often feel lost and bewildered, even though He is always there guiding us. In the moments we long for Him most, His presence becomes clear, and our hearts align with the Divine. This beautiful experience of being oneself with the Divine is the essence of Sufi.

Performed and choreographed by Suvojit Mukherjee.

12. Contemporary Dance by Elementz Performing Arts

Contemporary dance is a versatile, expressive style that blends elements of modern, ballet, and jazz to explore emotion, storytelling, and abstract movement. It emphasizes fluidity, grounded technique, and full-body awareness, often shifting between soft, controlled phrases and powerful, athletic motions. Contemporary choreography prioritizes creativity and individuality, allowing dancers to experiment with improvisation, unique shapes, and dynamic changes in energy and tempo. The result is a deeply artistic form of dance that communicates feeling and intention through innovative movement.

Artists: Malaika & Tanisha Rane



13.National Folk Dance of Ukrainian by Calgary Hopak Ensemble

Calgary Hopak Ensemble Senior Dancers will present National Folk Dance of Ukraine.

Artists: Jenn, Natashia, Bob, Kaylee, Hailey





14.Telugu Folk Dance

This folk dance presents women in villages dressed in sarees of black, white, red, and green dancing and laughing beneath the sun, working and playing together with happy hearts. When a city lady visits with her sparkling energy, and her presence adds even more cheerfulness to the group.



Artists : Anitha, Akshari, Neelima , Keerthana, Swetha, Babitha, Divya

Choreographed by: Anitha Kodam

15.Cree Dance to be updated

16.Bhangra by Ashke Folk Arts Academy

Ashke Folk Arts Academy will perform the very popular Bhangra. In a typical performance, several dancers execute vigorous kicks, leaps, and bends of the body—often with upraised, thrusting arm or shoulder movements—to the accompaniment of short songs called boliyan and, most significantly, to the beat of a dhol (double-headed drum). Struck with a heavy beater on one end and with a lighter stick on the other, the dhol imbues the music with a syncopated (accents on the weak beats), swinging rhythmic character that has generally remained the hallmark of bhangra music. An energetic Punjabi dance, bhangra originated with Punjabi farmers as a cultural and communal celebration.

Artists : Sehajnoor Muti, Sukhmanpreet Muti, Jovia Mudharh, Mehak Bansal, Gurleen Johal, Gurnoor Johal, Ajit Sohi, Harkirat Kaur, Akeerat, Seerit Sandhu, Puneet Dhillon, Keerat Dhillon, Veerjot Khela, Seerat kaur Toor



Choreographed by: Sukhman Chahal, Ratinder Gill, Gurbinder Singh Hans